

AGENDA+

7:30 - 8:00 AM • REGISTRATION AND BREAKFAST

Location: Lobby & Garden Gallery

8:00 AM • WELCOME

Location: Grande Ballroom

Andrew Stein, President & CEO
The Children's Foundation

8:00 - 9:00 AM • BREAKING THE CYCLE OF GENERATIONAL TRAUMA AND USING MENTORING TO HELP YOUNG PEOPLE THRIVE

Location: Grande Ballroom

Derscheun Brown, Keynote Speaker, Executive Director Friends of the Children - Detroit

9:00 - 9:15 AM • BREAK

Location: Garden Gallery

Therapy Dog Visit, Resource Tables

Piper and Drea, Steve Calcagno and Rose Dalton, Handlers

9:15 AM - 10:15 AM • LEARNING SESSIONS

A *Smoking, Vaping, Tripping, Sipping: Let's Get Lit on Drug Trends and Interventions*

Location: Provincial Ballroom

Anthony Muller, MA, LPC, CAADC, CCS, SPADA, Vice President of Substance Use Disorder Services and Clinical Services Development, Samaritas

B *Crisis to Connection: An Imperative for Our Black Boys*

Location: Mosaic Ballroom

Krystal Armstrong, Director of General Behavioral Health; Kelvin Brown, Program Manager, Community Partnerships and Projects, The Children's Center

C *Creative Arts Therapy to Advance Interoception, Emotional Identification, and Connection*

Location: The Drawing Rooms

Bridgette Crockett, MA LPC ATR CAS, Lead Mental Health Counselor, Registered Art Therapist, LifeLab Kids Foundation

10:15 - 10:30 AM • BREAK

Location: Garden Gallery

Snack Time, Therapy Dog Visit, Resource Tables

Piper and Drea, Steve Calcagno and Rose Dalton, Handlers

10:30 AM - 11:30 AM • LEARNING SESSIONS

A *Discussion Panel: From Struggle to Success - Collegiate Recovery Programs Helping Students Reach Their Goals*

Location: Provincial Ballroom

Anthony Muller, Moderator; Tammie Fogel, LLP, Outpatient Therapist, Ten16 Recovery Network; Dr. Jeffrey Kuentzel, PhD, LP, Director, Counseling & Psychology Services, Wayne State University; Matt Statman, LMSW, CAADC, Collegiate Recovery Program Manager, University of Michigan, Wolverine Wellness Students

B *Suicide Awareness and Prevention: A Presentation for Caregivers and Communities*

Location: Mosaic Ballroom

Natalie Burns, LMSW, Tier 3 Director, TRAILS to Wellness

C *Transitioning to Independence: Challenges and Solutions for Youth with Intellectual Disabilities*

Location: The Drawing Rooms

Rachelle Vartanian, MA, Founder, Living & Learning Enrichment Center



CHILD & ADOLESCENT BEHAVIORAL HEALTH SUMMIT



A Children's Foundation Initiative

11:30 - 11:45 AM • BREAK

Location: Garden Gallery

Therapy Dog Visit, Resource Tables

Piper and Drea, Steve Calcagno and Rose Dalton, Handlers

11:45 AM - 12:30 PM • LEARNING SESSIONS

A *Pivoting in Prevention: Using a Virtual Platform to Cultivate Connection and Belonging Among Diverse Populations*

Location: Provincial Ballroom

Mariam Ismail, MS, CPS, Substance Abuse Prevention and Mental Health Promotion Program Manager, Leaders Advancing and Helping Communities

B *The Mindful Performance Therapy Project*

Location: Mosaic Ballroom

Diana Volant, MA, Founder, Mindful Performance Therapy, PLLC

C *Disability Doesn't Mean Inability for Fitness and Good Health*

Location: The Drawing Room

Mark Ralko, Founder, Inclusively Fit

12:30 - 1:30 PM • LUNCH AND NETWORKING OPPORTUNITY

Location: Grande Ballroom

1:30 - 2:00 PM • ACTIVE MINDFULNESS SESSION

Location: Grande Ballroom

Diana Volant, MA, Founder, Mindful Performance Therapy, PLLC

2:00 - 3:00 PM • PEER-TO-PEER DEPRESSION AWARENESS CAMPAIGN: A SCHOOL BASED PREVENTION PROGRAM TO REDUCE STIGMA, INCREASE AWARENESS, AND PROMOTE HELP SEEKING

Location: Grande Ballroom

Lizelle Salazar, MPH, Eisenberg Family Depression Center, University of Michigan; Jay Holden, LMSW, Regional Alliance for Healthy Schools

3:00 PM • THANK YOU

Location: Grande Ballroom

Andrew Stein, President & CEO
The Children's Foundation